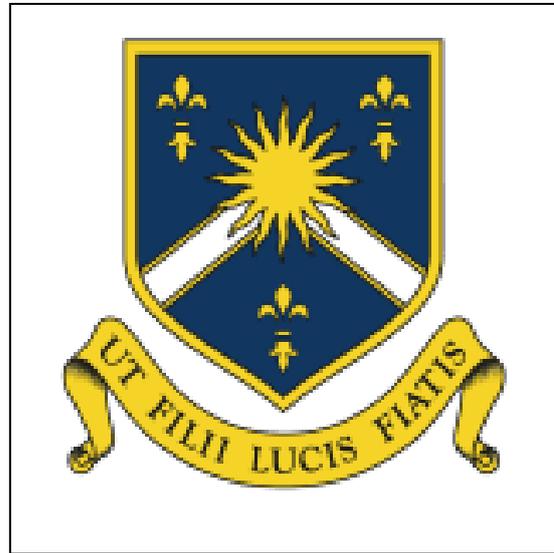


Transition Workbook

Welcome to The Earls High School! Moving to Secondary School can be a nervous time for anyone. New buildings, rules, teachers and routines are all changing. Within the workbook are some fun activities that will help you with your journey.



Name:

Primary school:

The Earls High School

All about me
Tell us more so we can get to know you better

My name is:

My birthday is?

My favourite hobby is?

Favourite TV show?

Favourite school subject?

My dream job when I am older is?

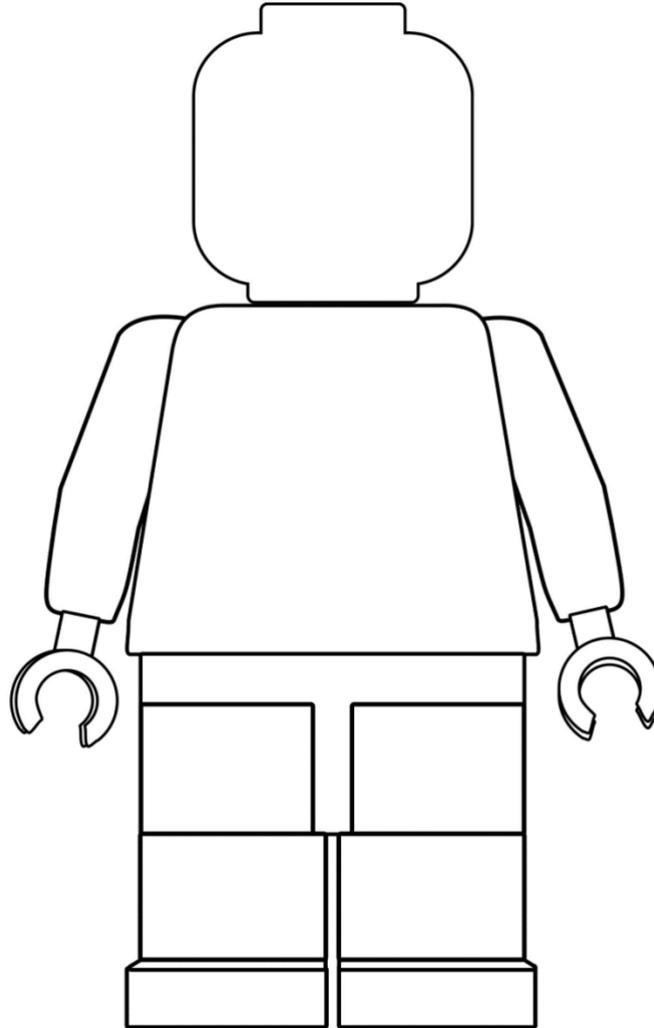
Best place I have ever been is?

The best thing I did at Primary School was?

The Earls High School

Looking smart at Secondary School

One of the different things about moving to secondary school is the change in what you will wear. At The Earls High School, we pride ourselves in looking smart and professional at all times. Use the school website or the information booklet to draw and label the school uniform you will wear onto the Lego figure



Is there anything I need to practice, such as; tying my shoelaces?

Changing quickly for PE?

Do you know what you are not allowed to wear? (hint look on the school website)

by school and write down your
ed you to become the amazing
e!

The Earls High School



The Earls High School

The Earls Values

As a school, students and staff take pride in our ethos and key values. We centre these values around **Excellence, Care and Partnership**. Have a think about how you want to contribute to these values. Can you write down some of your ideas? There are some key words next to each value and the following table will help you.

Be in a school play or production	Speak another language	Represent your school in a national competition
Learn to play a musical instrument	Volunteer in the local community	Travel to another country
Play for a school team	Learn how to survive in the wild	Take care of the school garden
Learn how to manage money	Taste food from another country	Help a friend in need
Go on a school trip	Read new books	Take part in a fancy dress day
Create a piece of art	Raise money for charity	Become Head Boy or Girl
Learn how to read a map	Join an after school club	Learn to play a new sport
Use computers to create your own website	Learn First Aid	Improve your singing
Make new friends from other schools	Work as part of a team	Be a house captain

The Earls High School

Excellence – (Being the best you of yourself) How can you achieve this in and out of lesson? Do you know about the famous Earls Flashes, Earls Gold and how to earn them?

Care – (Showing care for yourself and others, - what does empathy mean?

Partnership – How do I work with others to contribute to the school and community?

New Challenges

These could be useful to think about when you think about changing school.

Use two different coloured highlighters, highlight the phrases that you are looking forward to in one colour; use a different colour for those you are worried about. Or cut them out and stick them into the boxes on the next page.

Making new friends	Learning a new timetable
Dinner and Break Time	Getting Changing for PE and Dance
Having a different uniform	Being on time
Finding way around	Being with older students
Getting to school	Learning new subjects
Meeting others my own age	Joining clubs
Being with friends	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work

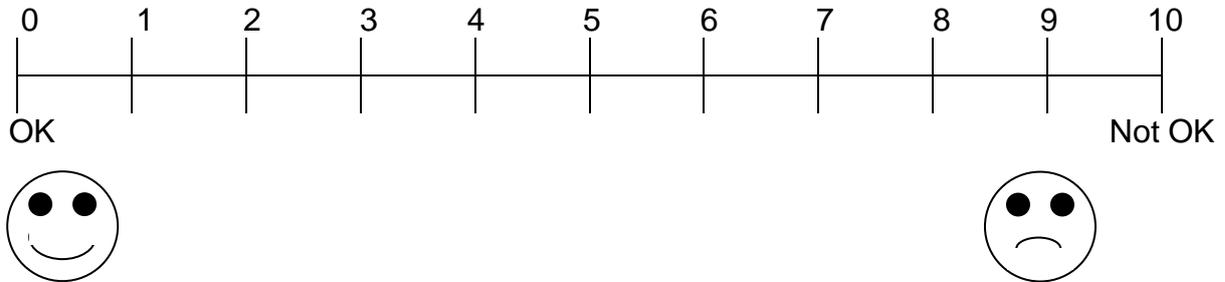
The Earls High School

If you have cut out the phrases from the previous page, paste them into the appropriate box.

Worries	Happy

A solution-focused approach

Now think about the biggest worry on your list



What is the worry? _____

On the scale of 0 to 10 how worried are you? _____

Think of a time when you have been worried before. What helped you move down the scale?

Where on the scale would you like to feel in a month, 6 months and in a year?

What would help you move one point nearer?

How will I get there?

How will you get to School? _____

You might **walk** or **cycle** sometimes, if you do then answer these questions:



You might go by **car** sometimes, if you do then answer these questions:

Do I know the way?	
Will I have a friend to walk or cycle with?	
Where will I put my bike?	

Will I go by car every day?	
Who will drive me?	
Will I get a lift home as well?	



You might go by **bus** or **train** sometimes, if you do then answer these questions:



Where is the bus stop or train station?	
What time is my bus/train to School?	
What number is the bus?	
Will I need money for the fare?	
What time is my bus/train from School?	

Answer these questions whether you will **walk**, **cycle**, go by **car**, **bus** or **train**.

How long will my journey take?	
What time must I leave home?	
What time will I get home?	

The Earls High School

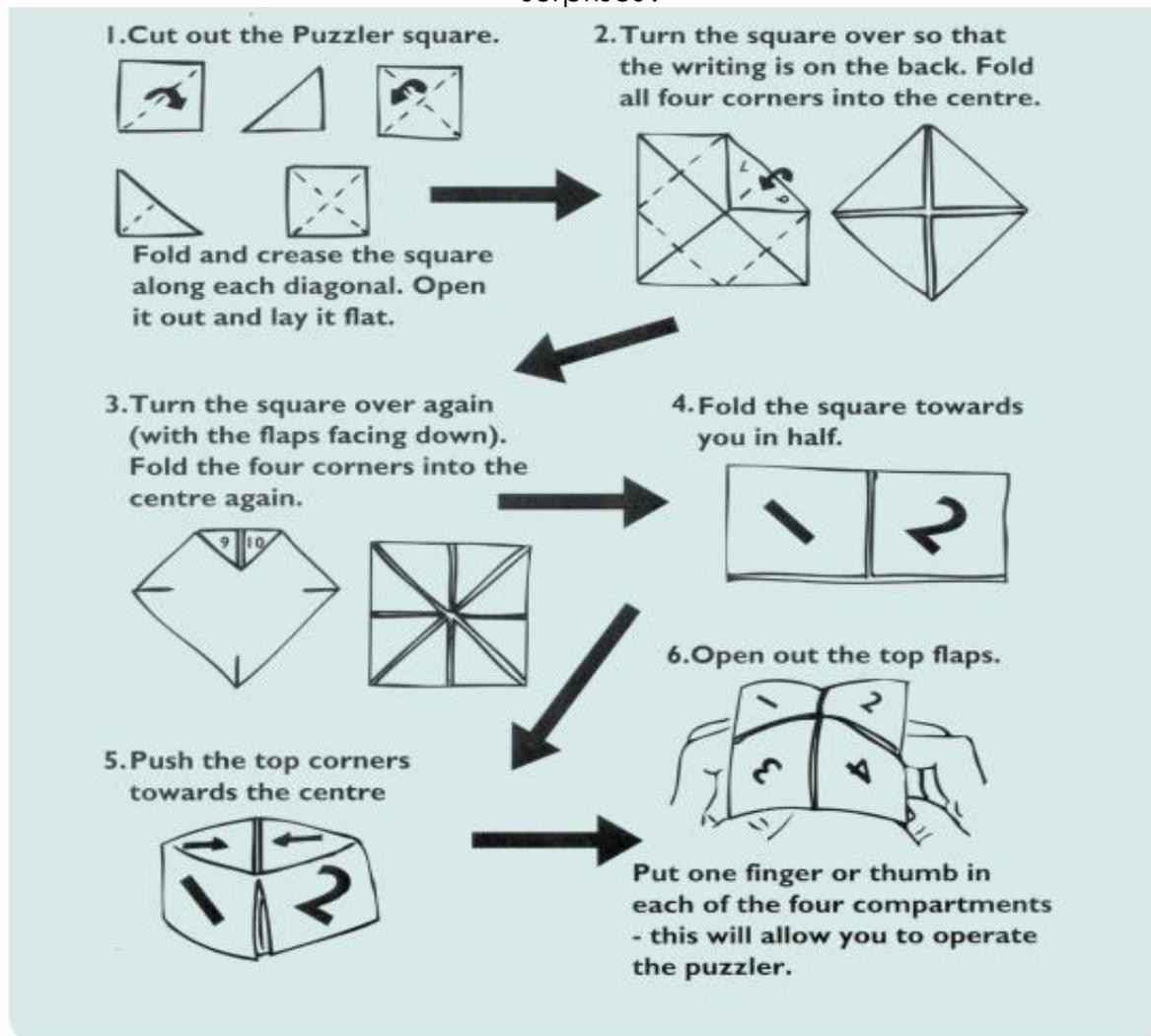
Do you have any other questions?

Any other questions I have	Best way to find out
1.	
2.	
3.	
4.	
5.	

Extension task!! A bit of fun with your family

Ask an adult.... was it the same in your day?

Together make up the question template on the next page. You can start by using the one we have printed for you, but you might want to make your own and ask some different questions... Once you have made your game play it with older members of your family... Mum, Uncle, Grandma... What was it like when they went to secondary school? What do they remember? ...any surprises?



The Earls High School

Cut along dotted lines 

2 What did you do at lunchtime? 	3 What funny memory do you have of secondary school? 
1 What did you take with you to secondary school? 	4 How did you travel to secondary school? 
8 What was your favourite subject? 	5 What happened if you didn't do your homework? 
7 What time did you start school? 	6 Who was your favourite teacher? 